Why do I react differently than others to similar situations? People differ. Here’s personality explained.

Big Five personality traits

- **Openness**: indicates how open-minded and curious a person is.
- **Conscientiousness**: indicates how self-disciplined and organized a person is.
- **Extraversion**: indicates how outgoing and sociable a person is.
- **Agreeableness**: indicates how kind and tactful a person is.
- **Neuroticism**: indicates how emotional and self-conscious a person is.

Several independent sets of researchers discovered and defined low five broad traits based on empirical, data-driven research. The Big Five traits of personality (Openness, Conscientiousness, Extraversion, Agreeableness and Neuroticism), commonly referred to as OCEAN, are the broadest domains on which human personality and behavior can be described. It also high score on each one gives you more insight to the way you behave and think.

**References**

Each main trait breaks down into six facets on which you score low-high compared to others. Here’s an example of how this relates to ‘extraversion’.

**Extraversion** indicates how outgoing and social a person is. A person who scores high in extraversion on a personality test is the life of the party. They enjoy being with people, participating in social gatherings, and are full of energy. A person low in extraversion is less outgoing and is more comfortable working alone.

**Friendliness**
- I take control of situations
- I try to be in charge - to lead others
- I wait for others to take the lead
- I like to take charge of situations and events

**Gregariousness**
- I like to take control of situations
- I try to be in charge - to lead others
- I wait for others to take the lead
- I like to take charge of situations and events

**Activity level**
- I take control of situations
- I try to be in charge - to lead others
- I wait for others to take the lead
- I like to take charge of situations and events

**Excitement-seeking**
- I take control of situations
- I try to be in charge - to lead others
- I wait for others to take the lead
- I like to take charge of situations and events

**Cheerfulness**
- I take control of situations
- I try to be in charge - to lead others
- I wait for others to take the lead
- I like to take charge of situations and events

Want to determine your Big Five traits and find out what your personality is? Take the free online personality test at 123Test! www.123test.com/personality-test/